

WINTER AQUATICS PROGRAM INFO

SWIM SCHOOL LEVELS:



Starfish Swimming



Be Safe! Have Fun!

STROKE SCHOOL LEVELS:



YOUTH SWIM LESSON TIMES:

M/W: 10am-1pm, 4-7:30pm
T/TH: 4-7:30pm
Sat: 8:20-11:45am

Not all levels are offered at every timeslot

PRICING:

Member: \$32-39
Non-Member: \$37-45

*** please note Jr polo and Marlins Pricing is \$40/\$48***

ADULT SWIM LESSON TIMES:

T: 7pm-7:50pm
TH: 7pm-7:50pm
Sat: 8:20am-11:45am



SPLASH BALL,

Learn the fundamentals of Water polo, treading, passing, shooting, and basic skills of water polo.
(must pass Eel)

JR MARLINS:

Your swimmer has passed shark!
Now what?
Sign up for Jr. Marlins!
Build endurance, technique and race the clock and compete against other teams!
1 meet included each month
(must pass Shark)

JR. POLO:

Continue building your treading endurance, get experience with game play, learn to be Goalie!
(must pass Splash ball)

Next Step Kearns Water polo

ADAPTIVE LESSONS

Our goal is to offer safety, confidence, fun, and the life skill of swimming to all! Lessons are 1 on 1
Lessons are catered to your swimmers ability and safety needs!
Please check our Website for Current Availability.
Or Email Brittany for more information!

PRIVATE SWIM LESSONS

\$22 Per 30 minutes for 1 swimmer
Please submit a request form here:
https://www.digiquatics.com/accounts/5637/private_lessons/new
to be assigned to a teacher BEFORE paying for

WATER BABIES, 6-36 MTH OLD'S:

Saturdays:
9:40-11:20am
M/W AM:
10:40am-11:10am
(1 Guardian must be in the water with each child participating)
Perfect for water safety, acclimation and comfortability.

Still have Questions??? Email Brittany Taylor, Aquatic Program Supervisor at:

btaylor@kopfc.com

WINTER SWIM LESSON INFO ~ 2024

WEEKDAY SWIMMING LESSON DATES

Set	M/W AM or PM	T/TH PM	Registration Opens
Winter 1	*Jan 3-17 (W/F, M/W/F, W)	Jan 2-18 (T/TH, T/TH, T/TH)	December 21, 9PM
Winter 2	Jan 22-Feb 7 (M/W, M/W, M/W)	Jan 23-Feb 8 (T/TH, T/TH, T,TH)	January 18, 9PM
Winter 3	*Feb 12-28 (M/W, W/F, M/W)	Feb 13-29 (T/TH, T/TH, T/TH)	February 8, 9PM
Winter 4	Mar 4-20 (M/W, M/W, M/W)	Mar 5-21 (T/TH, T/TH, T/TH)	February 29, 9PM

*Winter 1 M/W No lessons held on 1/1, 1/15. Make-up lessons held 1/5, 1/12!
 *Winter 3 M/W No Lessons held 2/19, Make-up lesson held 2/23!

1-DAY A WEEK SWIMMING LESSON DATES

Set	Saturday's	Adults Tuesday's	Adults Thursday's	Registration
January	Jan 6-27 (S, S, S, S)	Jan 2-23 (T, T, T, T)	Jan 4-25 (TH, TH, TH, TH)	December 14, 1PM
February	Feb 3- 24 (S, S, S, S)	Jan 30-Feb 20 (T, T, T, T)	Feb 1- 22 (TH, TH, TH, TH)	January 27, 1PM
March	Mar 2- 23 (S, S, S, S)	Feb 27- Mar 19 (T, T, T, T)	Feb 29-Mar 27 (TH, TH, TH, TH)	February 24, 1PM

AM Lessons are a GREAT option for Pre-School and Home-School Swimmers

Not all levels are offered at every timeslot

WHY KOPFC Swimming Lessons??

W

e offer an affordable option for swimming lessons that focus on SAFETY and Confidence in the water for all ages. All of our Swim Instructors and management are certified and utilize the Curriculum from Starfish Aquatics Institute which is a Worldwide recognized Curriculum that doesn't break the bank! Our instructors take pride in their work and are passionate about teaching others about water safety. Our instructors work hard by having monthly training and knowledge of benchmarks for each level that we require for your swimmers in our program. Our Program is truly one of a kind, we keep our class sizes small enough to ensure your students get one-on-one attention while still getting the feel and setting of a group lesson. Our Management team is here to help support, and educated you through the swim lesson processes and Aquatic adventure.

REGISTER ONLINE AT: WWW.KOPFC.COM