



# Winter Indoor Tri-Series 2023

Most Lengths

39

Most Miles

14.0

Most 1/4 Laps

42

## Men's Results

| Wave       | L_Name      | F_Name   | #  | Sex | Age | Swim Lengths | Swim Points | Bike Miles | Bike Points | Run 1/4 Laps | Run Points | Total Score | Overall Place |
|------------|-------------|----------|----|-----|-----|--------------|-------------|------------|-------------|--------------|------------|-------------|---------------|
| 3. 8:30 AM | Winn        | Bryan    | 38 | M   | 35  | 39           | 100.000     | 13.4       | 95.714      | 40           | 95.238     | 290.952     | 1             |
| 1. 7:30 AM | Goold       | Phillip  | 6  | M   | 60  | 31           | 79.487      | 14         | 100.000     | 39           | 92.857     | 272.344     | 2             |
| 3. 8:30 AM | Ford        | Spencer  | 32 | M   | 42  | 34           | 87.179      | 13.2       | 94.286      | 38           | 90.476     | 271.941     | 3             |
| 3. 8:30 AM | Cuevas      | Darren   | 29 | M   | 27  | 31           | 79.487      | 12.6       | 90.000      | 42           | 100.000    | 269.487     | 4             |
| 5. 9:30 AM | Crowther    | Michael  | 52 | M   | 29  | 30           | 76.923      | 12.2       | 87.143      | 37           | 88.095     | 252.161     | 5             |
| 3. 8:30 AM | Moore       | Matthew  | 36 | M   | 44  | 26           | 66.667      | 11.5       | 82.143      | 38           | 90.476     | 239.286     | 6             |
| 2. 8:00 AM | Heise       | Justin   | 21 | M   | 34  | 33           | 84.615      | 10.5       | 75.000      | 29           | 69.048     | 228.663     | 7             |
| 4. 9:00 AM | Shegrud     | Kyle     | 48 | M   | 31  | 31           | 79.487      | 8.6        | 61.429      | 34           | 80.952     | 221.868     | 8             |
| 4. 9:00 AM | Brady       | Gerald   | 41 | M   | 49  | 36           | 92.308      | 9          | 64.286      | 26           | 61.905     | 218.498     | 9             |
| 5. 9:30 AM | McCleery    | Scott    | 53 | M   | 37  | 25           | 64.103      | 11.5       | 82.143      | 30           | 71.429     | 217.674     | 10            |
| 3. 8:30 AM | Hamson      | Alan     | 33 | M   | 28  | 30           | 76.923      | 10.4       | 74.286      | 26           | 61.905     | 213.114     | 11            |
| 4. 9:00 AM | Anaya       | David    | 39 | M   | 33  | 21           | 53.846      | 11.9       | 85.000      | 31           | 73.810     | 212.656     | 12            |
| 1. 7:30 AM | Gray        | Tyler    | 9  | M   | 17  | 26           | 66.667      | 10.9       | 77.857      | 28           | 66.667     | 211.190     | 13            |
| 2. 8:00 AM | Baker       | Jonathan | 15 | M   | 39  | 18           | 46.154      | 9.6        | 68.571      | 39           | 92.857     | 207.582     | 14            |
| 5. 9:30 AM | Spears      | Brendon  | 57 | M   | 37  | 19           | 48.718      | 12         | 85.714      | 29           | 69.048     | 203.480     | 15            |
| 2. 8:00 AM | Jones       | Ryan     | 24 | M   | 41  | 24           | 61.538      | 11         | 78.571      | 26           | 61.905     | 202.015     | 16            |
| 2. 8:00 AM | Truskolaski | Shane    | 26 | M   | 41  | 20           | 51.282      | 10.5       | 75.000      | 31           | 73.810     | 200.092     | 17            |
| 3. 8:30 AM | Ellis       | Kevin    | 31 | M   | 44  | 24           | 61.538      | 9.1        | 65.000      | 28           | 66.667     | 193.205     | 18            |
| 4. 9:00 AM | Shegrud     | Robert   | 49 | M   | 63  | 20           | 51.282      | 9          | 64.286      | 31           | 73.810     | 189.377     | 19            |
| 3. 8:30 AM | Sanders     | Evan     | 37 | M   | 58  | 25           | 64.103      | 7.7        | 55.000      | 29           | 69.048     | 188.150     | 20            |
| 4. 9:00 AM | Haslam      | Randal   | 47 | M   | 71  | 29           | 74.359      | 9.7        | 69.286      | 18           | 42.857     | 186.502     | 21            |
| 5. 9:30 AM | Nahrwold    | Paul     | 54 | M   | 31  | 15           | 38.462      | 10.9       | 77.857      | 20           | 47.619     | 163.938     | 22            |
| 2. 8:00 AM | Gurney      | Ryan     | 20 | M   | 51  | 18           | 46.154      | 9.4        | 67.143      | 19           | 45.238     | 158.535     | 23            |
| 2. 8:00 AM | Morrison    | Vernon   | 25 | M   | 49  | 20           | 51.282      | 7.2        | 51.429      | 21           | 50.000     | 152.711     | 24            |